

# *Run Your Fat Off* Book Launch Party

“There is something unique about runners’ approach to running and life—and their search for meaning in their running and life—that distinguishes them from all other people who exercise.”

– DR. JASON KARP

La Valenica Hotel | La Jolla | California

March 14, 2017, 7:00-9:00 pm

Walk the red carpet and enjoy an elegant evening with the author to celebrate the release of *Run Your Fat Off* (and his birthday).

The first 40 guests receive a complimentary autographed book.

Additional books may be purchased at the event, with 10% of sales donated to charity in memory of the author’s parents.

