

REVO₂LUTION RUNNING™

Master Trainer Summit

Carmel Trails Clubhouse
San Diego | California
January 21-22, 2017

REVO₂LUTION
RUNNING™

Master Trainer Program

Become a Leader

REVO₂LUTION RUNNING™
Master Trainers are ambassadors
of the brand and the cream of
the REVO₂LUTION RUNNING™
program.

Increase Your Revenue

Take advantage of the most
popular exercise in the world and
increase your revenue by teaching
live certification workshops.

Belong to a Community

Become part of a global
network of Master Trainers and
help grow the exclusive program
all over the U.S. and the world.



Summit Details

Attend.

Carmel Trails Clubhouse

14906 Avenida Venusto
San Diego, California
Jan. 21-22, 9:00 am – 5:00 pm

Learn.

Learn everything you need to know to schedule, market, and teach the lecture and practical portions of the live performance.

Eat.

Snacks will be provided. Meals on your own. Complimentary group dinner Saturday.

Bring.

- > Running clothes and shoes
- > Water
- > Notepaper & pen
- > Your entertaining personality

Cost.

No cost to attend the Summit if already certified. If you will receive the certification at the Summit, you will be charged \$249 for the certification. Travel expenses are not covered.

Hotel.

Closest hotel is Staybridge Studio Suites, 1 mile away
<https://www.ihg.com/staybridge/hotels/us/en/san-diego/sandg/hoteldetail>

CECs.

If obtaining the certification at the Summit, earn CECs upon passing exam:
2.0 ACE • 1.9 NASM • 15 AFAA
8 PTA Global • 8 WITS
(USAT CECs TBD)

Questions?

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REVOLUTION
RUNNING™

About REVO₂LUTION RUNNING™

“Through running, we fulfill our destiny as physical beings, and on the foundation of a fitter physical being, we can build a better life.” – DR. JASON KARP

REVO₂LUTION RUNNING™ takes advantage of the world's most popular exercise by educating fitness professionals on fundamental running-specific training principles and providing them with the required skill and expertise to train runners and teach science-based group treadmill interval workouts.

At the heart of REVO₂LUTION RUNNING™ is its name, which includes an acronym of the three physiological factors that determine running fitness: **R**unning Economy, **VO₂**max, and **L**actate **T**hreshold. To achieve results, the biology of running requires that workouts be designed to maximize these physiological factors. That's the secret of REVO₂LUTION RUNNING™.



JASON KARP, PhD
Creator

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